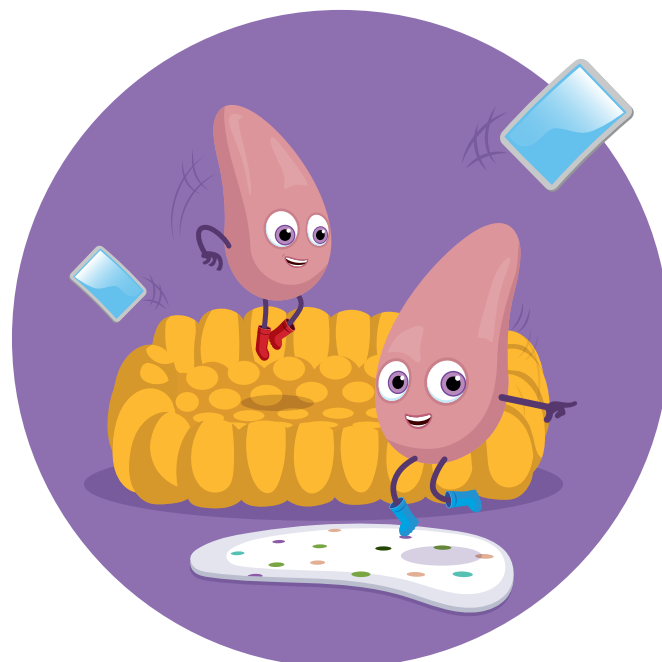


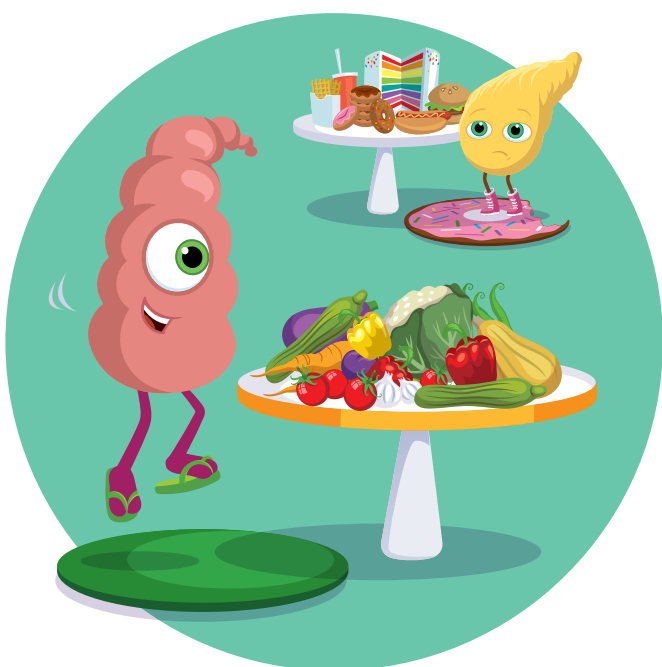
THE 5 MIGHTY HABITS FROM THE ORGAMITES



1. GET MOVING AND GROOVING!



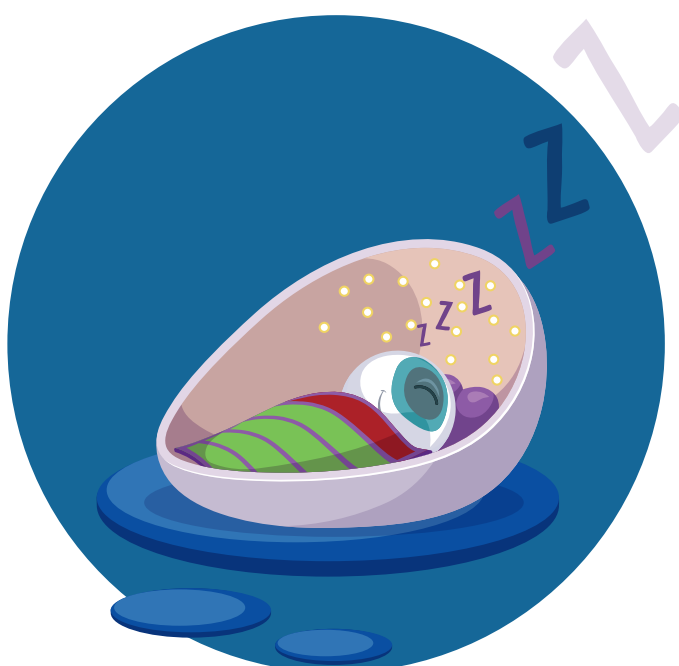
2. TAKE A BREAK FROM SCREENS!



4. EAT MORE GOOD FOOD!



3. DRINK MORE WATER!



5. RECHARGE ON SLEEP!



A MIGHTY HEALTHY LIFE!

IN PARTNERSHIP WITH



Canadian Blood Services
BLOOD
PLASMA
STEM CELLS
ORGANS
& TISSUES

ORGAMITES

MIGHTY EDUCATION PROGRAM
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